



Hills Tribes & Jungles in Laos

14 days / 13 nights

Highlights of tour:

Trekking and hiking is still the best way to explore Laos its ethnic diversity. Meet local people and discover many tribe villages of Laos ; share their rural lives, their experience, their rich culture and customs by passing some nights at their home ; see how the Laotian people manage their day to day life. Enjoy a day hike and spend a few days trekking in Laos with our wildness trek. Discover mystical waterfalls and hidden caves, jungle trails and rugged mountains. A great image about Lan Xang Kingdom that you have never known.

Day 1: Chiangrai - Huayxai (D)

We will welcome you near the Thai border "to the Golden Triangle" to begin our amazing trip. Arrival in the afternoon in Chiang Rai, meet our guide and driver who will pick you up to Huayxai. Visit Ban Lentene villages and its local temple. Welcome dinner and overnight Huayxai.

Day 2: Huayxai - Muang Sing (B,L,D)

Take the road to Muangsing via Luangnamtha, pass through the breathtaking mountain landscape, visit That Phon the old stupa in Luangnamtha. Dinner and overnight in Muong Sing. Phue lew bungalow.

Day 3: Muang Sing trek (4-5hrs) (B,L,D)

Departure the main road Muang Sing to Luang Namtha about 18 km walk up to the mountain Nam Ha NPA, next up and down on the end of mountain pass old growth forest, primary bamboo forest and wild banana forest to visit waterfall, on the mountain you can see many of view Nam Ha NPA and learn about them.

After lunch on the trail, an hour walking you will arrive in the jungle forest camp, easy walking in the

jungle near the forest camp following the trail, searching footprints and other elements that prove the presence in the forest of many wild lives further elephant also bear, monkey, barking deer, gibbon, wild pigs, jungle fowl etc...dinner in the forest camp.

The guide will point out interesting things and useful plants and herbal medical care such as cardamoms, galangals...Stay in a forest camp in the Nam Ha NPA hosted by Akha people.

Day 4: Jungle Forest camp-Ban Nam Deat Mai (Akha Village). Approx. 5-6 hours (B,L,D)

In the early morning you will hear the gibbon calling from the higher mountain and if you are lucky you will hear the bark of the wild elephant; your guide will prepare breakfast at the jungle forest camp. After breakfast continue walking pass old forest ; your lunch will be provided on the trail ; next walking visit Ban Nam Deat Mai (Akha village) the village we stay overnight on the second day. While waiting for dinner visit the villages walk around and meet the people, learn about traditional Akha architecture. After dinner, you will receive a massage which is traditionally given to the guests staying overnight in the village.

Day 5: Ban Nam Deat Mai - Muang Sing (B,L,D)/4-5h de marche

After Breakfast at the lodge, walk through a lot of different ethnic villages issued from Yao, Akha and Tai Lue people. You will be learning about the cultural differences between them during the walk. Lunch will be served on the trail and the final get the van back to Muang Sing.

Day 6: Muang Sing - Udomxai (B,L,D)

Visit Muangsing local market and museum, then take a drive to Udomxai. Overnight at your hotel.

Day 7: Udomxai - Muang Khua (B,L,D)

Take a drive to Muang Khoa, visit temple and hot spring at Muang La, arrival Muangkhoa at late afternoon to visit suspension bridge built during Vietnamese war. Overnight at your hotel.

Day 8: Muong Khua trek 5-6 hrs (B,L,D)

After breakfast, the driver will pick you up to Pak Namnoy village (32 kms) through Nam Park river. Walk up the hill to Ban Huay pod Akha Puly hill tribe village, explore this village, have picnic lunch here, then continue trekking about 03-04 hours to Ban Yalo Kamu tribe. Stay overnight in Ban Yalo village.

Day 9: Ban Yalo - Ban Lat Hangnoy 5-6hrs (B,L,D)

Trek through tribe hill villages toward Ban Lat Hangnoy where you stay overnight. Picnic lunch. Taste local alcohol fermented in the jar and enjoy local traditional dance with bamboo flute instrument during the dinner and stay overnight at home stay.

Day 10: Ban Lat Hangnoy - Ban Sangyang 5-6hrs (B,L,D)

This day we trek from Ban Lat Hangnoy to Ban Sangyang of Kamu tribe, we pass through rice paddies and beautiful countryside landscapes. Meet local people on road and discover their daily life. Overnight

at home stay.

Day 11: Ban Sangyang - Ban Latsang - Luang Prabang (B,L,D)

Continue to trek to Ban Latsang (2hrs). Then meet our driver who accompanies you to Luang Prabang. Stop for lunch. Arrival in Luang Prabang, this city is strong marked by Buddhist architecture, sheltered 60 Pagodas to the 18th century and was built around its "center cosmic ", the Phousy Mount. It always presents a traditional habitat and colonial of the greatest interest. Small and quiet place invites you to calms and dawdling. Overnight at your hotel in Luang Prabang.

Day 12: Luang Prabang City Tour (B,L,D)

06'00 am, visit monk arm collection site(Takbat) the traditional activities for Buddhist people, discover this small charming town located at the confluence of the Nam Khane River and the Mekong on an old prehistoric site. It became the capital of the Lan Xang Kingdom, the "Kingdom of the Million Elephants », all first Lao kingdom, made up in 1353.

Discover morning market, Museum installed in the old Royal Palace, the monasteries and pagodas of Wat Xieng Thong the most beautiful temple in town with Luangprabang style, Wat Mai the former house of Prabang Buddha Image, You will have also spare time to stroll in the city and the edge of Mekong and its tributary Nam Khan River, then you continue to visit the Buddhist caves of Pak OU, which dominate the river and shelter many statues of Buddha images, located about 35 Kms upstream of Luang Prabang and an elephant riding (3hrs) to visit Ban Sanghai, the sticky rice alcohol distillation village. Overnight at Manoluck hotel.

Day 13: Luang Prabang trek (B,L,D)

Take a drive to Ban Longlao, Mhong hill tribe village, visit this village, then start trekking to forest jungle to Kuangsi water fall about 03 hours, enjoy swimming at Kuangsi fall. Come back to Luangprabang. Dinner and overnight in Luang Prabang.

Day 14: Luang Prabang departure (B,L,D)

Free time at leisure then transfer to airport for departure flight.

Informations

Notes:

- Check-In to hotel: 02 pm
- Check-Out from hotel: noon
- B: Breakfast, L: Lunch, D: Dinner
- Porters for carrying foods, coffee, tea, mineral water, passengers' luggage... during the trek,
- Local guide / cook,

Our prices include:

- Accommodation in shared double room at standard hotels and homestay,
- English speaking guide for each area as per program,
- Entry fees for all sightseeing as mentioned on the program,

- Meals mentioned,
- Private car with driver,

Our prices do not include:

- International flights and airport tax,
- Visa for Laos,
- Drinks, tips, personal expenses,
- All services not clearly mentioned,